

THE SECOND TERM TEST n=°1

Text:

Dear Mr. Savage,

I am writing to apply for the position of shop assistant at *Cobweb Records* as advertised in the *Evening Post* yesterday. Through this letter, I would like to state my candidacy for enrolment in your company.

My name is Simon Smith. I am an eighteen-year-old student. I am currently studying Music at Preston College. I am from Great Britain and I have lived in London since my birth.

I have some experience as I worked in a department store last summer. Thanks to this, I have learned that it's very important to take initiative while working in a team. I am very friendly and polite. I am also serious, dynamic and hardworking. I don't mind working shifts. I speak four languages; English, Spanish, French and Portuguese. I believe that I have all the required qualities for dealing with customers. I am so eager to gain new experiences.

In, conclusion; I would like to reconfirm that I am really interested in joining your commercial business. I hope you will consider me for the job. I will be very pleased to attend an interview and ready to answer all your questions as soon as you get in touch with me. I look forward to hearing from you soon.

Yours sincerely,

Part One: (14 pts)

A)- Reading Comprehension: (07 pts)

Read the text carefully and do the following activities.

Activity One: Read the following statements and write "True", "False" or "Not Mentioned". (03 pts)

- 1- Simon has lived in London for 8 years.
- 2- Simon will graduate from College next June.
- 3- Simon is really interested in acquiring new experiences

Activity Two: Answer the following questions. (02 pts)

- 1- Did Simon get any job before?
- 2- Why is he writing this letter?

Activity three: Match each word with its appropriate meaning. (02 pts)

Word	Meaning
1- apply	a- at the present time / now
2- currently	b- meeting at which somebody is asked questions.
3- dynamic	c- ask officially for something (a job or a visa...)
4- interview	d- energetic and forceful

B)- Mastery of language: (07 pts)

Activity One: Correct the underlined mistakes. (02 pts)

Mike is may friend. He wants too apply four an exchange programme to america.

Activity Two: Put the verb between brackets in the right tense(2pts) :

1-If I (to get).....this job ,I (to gain).....lots of money

2-As soon as I (to finish).....my studies ,I (to search).....for an other work

Activity Three :Complete the following chart(02pt)

Noun	job
art	
act	
Music	
paint	

:

ActivityFour : find in the text one word in each column(1pt)

Word with Long vowel	Word with Short vowel
.....	

Part Two: Situation of integration (06 pts)

The Ministry of National Education (MONE) asked the schools to select talented students to take part in Youth Leadership Exchange Program to the USA next summer. You want to be among the team.

Write an application letter to the head teacher of your school to apply for the program and tell him/ her about your future project in order to convince him/ her. Send your Curriculum Vitae (CV) as an attached document.

Include in your letter your:

- reasons for writing
- personal information, qualifications and qualities.
- school experiences, expectations and dreams.

Good Luck

Your Teacher Mrs.:Bougherbi Nabila

The SECOND Term Test NB1 of English

Saad Guellil Middle School	Timing: 1hour
Name:.....	Level : 4 MS

Text:

Receptionist

Pepper Moon Catering



Pepper Moon, a successful catering company in Newcastle is looking for a full-time receptionist for its very busy head office. If you are interested you should have:

- excellent communication skills
- very good computer skills
- an ability to multi-task
- polite and cheerful
- hard working

Mon - Fri 8.30 am - 5.30 pm. Starting salary: £15,000 To apply call 01912705565 or send your CV to peppermoon.c@hotmail.com

Our address is: 198 Colchester Road, Newcastle, NE7 3ED

Task one: Read and choose the right answer

- 1) The reading passage is a: a) job advert b) curriculum vitae c) letter of application.
- 2) The announced job is: a) a waiter b) a receptionist c) a manager.

Task two: Read and say true or false .Justify.

- 1) The company is called Deeper Moon.....
- 2) You will be working for 45 hours week.....
- 3) You start work at half past eight p m.....

Task three: find in the text words that are closest in meaning to:

Seeking=

well mannered=

Find in the text words that are opposite in meaning to:

Free=

receive=

Task four: Add a prefix to the following adjectives to form their opposites.

Successful

polite

loyal

responsible.

Task five: Rewrite the following passage using the right tense.

As soon as she (to receive)a positive reply, she to (start)
.....work.If she (to save)..... a lot of money ,she (to buy)
.....a house.

Task six: Add a word to each list.

- 1) Should-good-put-
- 2) Hard_half-harm-
- 3) Ago_potato-driver-
- 4) Eat-teeth- parties-
- 5)

SITUATION:You are interested in the job of a receptionist which was advertised by Pepper Moon Company and you want to get the job.Write an application letter to the manager of this company.

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Second Term Test N° 1 of English

Text

This message has not been sent.

Send To... Amin-bem@hotmail.edu.dz

Account CC... Subject: Table manners

Dear Amine

Around the world, people gather to eat lunch or dinner. Every culture has developed these social manners in different ways. For example, Ethiopian food is eaten with hands, usually from a large communal plate. Several delicious meals are put together in a plate with some Injera (a flat Ethiopian bread) and the guests sit around it.

The proper way to eat Ethiopian food is to tear off a piece of the bread, grab some food that is close to you with it, and put it in your mouth. Because the food is usually touched with the hands, they always make sure to wash them before and after the meal. The left hand is considered unclean, so it is advisable and polite to only use your right hand to eat. Please, answer me soon, I 'm waiting for reply

Bye for now,

OKUNKU

Part one (14pts)**A/ Reading Comprehension (07pts)**

I read the text carefully then I do the following tasks

1/ Choose a ,b, c to complete the following sentences :(03pts)

1- This text is about:

a-The Ethiopian culture **b-**The Ethiopian food **c-** Table manners in Ethiopia

2- To eat , Ethiopians use:

a- the hands **b-** the spoon **c-** the fork

3- The left hand is considered.....in the Ethiopian eating culture.

a- normal **b-** dirty **c-** acceptable

2/ Answer the following questions (02pts)

1) Why should the Ethiopians wash their hands before eating?

2) Is it rude to use the right hand only to eat?

3/ Match the words in column A with their definitions in column B: (02 pts)

Words	Definitions
1-Meal	A-Flat dish from which food is eaten or served
2-Dinner	B- Good behaviors required while eating at table
3-plate	C- A main meal usually taken in the evening
4-Table manners	D- An amount of food eaten every day

B/ Mastery of Languages (07pts)

1- Supply the punctuation and the capital letters where necessary: (02pts)

every year in england people make pancake

2- Write the correct form of the verbs in brackets: (03pts)

In England, people **(to eat)** a big breakfast in the morning. It **(to be)** made of meat, eggs fish, toast or bread with butter and jam .They **(to drink)** tea or coffee with milk.

3- I pick out from the text four words that have the following diphthongs : (02pts)

/aʊ/ how	/ei/ may
1-.....	1-.....
2-.....	2-.....

Part two (06pts)

Situation of Integration: (06Pts)

Answer OKUNKU's e-mail in which you let him know about table manners and eating habits in our Algerian society.

This message has not been sent.

Send

To...

Account

okunku@hotmail.edu.et

Cc...

Subject: Table manners

Dear Okunku,

I' so happy to know about your culture and some Ethiopian table manners.Now it's my turn to tell you about.....

.....

.....

.....

.....

bye

Amine

BEM 2019 yes we can !



Personal information:

Name : Amel Khaldi

Address: Houari Boumediene Street , El Eulma, Setif

Email: Khaldiamel 19@google.com

Phone : 07746128497

Date of birth : April 30th , 1996

Education and Qualifications

2016 – 2017 : Diploma in nursing

2017: Diploma in general English

Present : Medical student at El Bez University, Setif

Work Experience

2017: Nurse at Saadna Abdenour Hospital

2018 – present : volunteer assistant at Help the Aged (Dar El Mossinine) ,Boumarchi, Setif

Skills

Languages: Arabic , French (reading /writing), English (speaking , reading , writing), Turkish (speaking)

Good User of the computer

Driving Licence

Interests

Sport : Yoga and fitness

Travelling – Photography - Theatre

**Part One (14 pts)****Reading Comprehension (7 pts)****Task One : Read the CV then choose the correct answer (3 pts)**

- | | | | |
|---------------------------|--------------------|----------|-------------|
| 1- Amel is a | a- English teacher | b- nurse | c -waitress |
| 2- She is years old | a – 21 | b- 25 | c- 23 |
| 3- She likes | a- sport | b- pizza | c- reading |

Task Two : Read again the CV then answer the questions (2 pts)

- 1- Does Amel Kaldi have an experience in nursing ?
- 2- How many languages can Amel speak ?

Task Three : Match words with their definitions (2 pts)

Words	Definitions
1-Application letter	a-An activity or a work in which a person is engaged.
2-Carriculum Vitae	b- A person who applies for a job .
3-Applicant	c-A brief account of persons 's personal information ,education , skills ,work experience ,.....
4-occupation	d-Making a formal request for a job .

B/Mastery of Language (7 pts)

Task One : Spot the mistakes then correct them (2 pts

if amel is qualified she gets the job . →.....

Task Two : Add the appropriate suffixes to get nouns for occupations (3 pts)

Wait →..... comedy →..... Visit →.....

Task Three : Cross out the word with different vowel sound (2 pts)

- a- Car – star – large – cat
- b- Lot – short – won – fog
- c- Tea – see – bread – receive
- d- Bird – red – vet – leg

Part Two : Situation of Integration (6 pts)

Amel khaldi is looking for a job as a nurse .She saw the ad in ‘‘Echorouk News ‘‘last Sunday . Help her to write an application letter using the information below .

Mohamed Boudhiafe Hospital needs nurses between 19 – 28 / polite / energetic / cheerful / have an experience work / If you are interested ,please apply with your detailed CV .

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Level: 4M.S.

Second Term Test n°1

Read the texts carefully and do the tasks.



You asked Andrew ...

Andrew's advice ...

Dear Andrew,
I'm really overweight! I've cut out breakfast and all fatty foods, but I just can't seem to lose weight. I'm desperate- please help! Hungry & Miserable, Coventry.

Don't despair! First of all, you should always eat breakfast! Imagine you're a car. If your "fuel tank" is empty, it doesn't go anywhere! Also, if you skip meals, you often eat more later and put on weight. You should eat a balanced diet and take plenty of exercise. That's the best way to lose weight!

Dear Andrew,
I'm always stressed out! I work long hours and find it hard to relax when I get home. What can I do? Stressed, Brighton.

Take it easy! There's more to life than work you know! Why not take up a new sport or hobby to get out of the house? You could join a gym! Also, your body copes with stress much better. Also, try not to drink too much coffee and tea. If you drink a lot of caffeine, it increases anxiety.

Dear Andrew,
I sit at a desk all day, but I always seem to feel tired! Any suggestions? Sleepy, Cardiff.

Try going for a quick swim in the morning or walking to work. When you exercise, your heart beats faster and your blood carries more oxygen to your brain. This gives you more energy and helps you think more clearly! Also, do you get enough sleep? Remember, most people need 7-8 hours of sleep to function well the next day.

Adapted from ' Upstream Elementary A2 - Virginia Evans-Jenny Dooley

Part One: (14 pts.)

A/ Reading comprehension (7pts.)

Task one: (3pts) Read the texts carefully and answer the questions:

- 1/Have the senders got the same problem?
- 2/ Who can't lose weight?
- 3/Who is Andrew?

Task Two: (2pts) Read the texts carefully and say if the sentences are 'true' , 'false' or ' not mentioned':

- 1/Andrew advises the person from Brighton to drink coffee.
- 2/ The three people are men.

Task Three: (2pts) Match the words in column A with their equivalents in column B :

A	B
-gain	-start
-take up	-put on
-cut out	-work
-function	-stopped eating

A/ Mastery of Language (7pts.)

Task one: (3pts) reorder the words to get coherent sentences:

-fast /food/is/than /Homemade/healthier/./food

-fresh fruit / To be/ eat/,/healthy/./and/vegetables/

-important/is/Food/ very/life/./the life/for/ human beings/of/
.....

Task Two: (2pts) rewrite the sentences using the imperative form:

I always (to try) to have a balanced diet but when I am out I sometimes can't
(to resist) some delicious desserts . I know it(not to be) good for health
,but I (to take) care more in the future .

Task Three: (2pts) circle the silent letter:

Sandwich - should - despair - weight

Part Two: (6 pts.)

A British friend of yours told you about his/her eating habits . He/she asked you to tell him about your eating habits .Write a letter an tell him/her them . Speak about what you eat daily. If it is a healthy diet.

Dear,

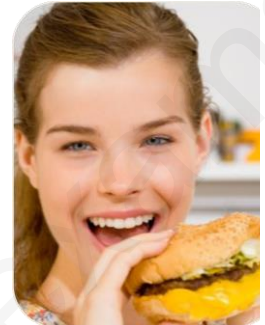
G O O D L U C K

Mr Hadj Rabah

Second Term Test

Porscha Hall

I usually skip breakfast and have chips, cookies, candy and soda for lunch. I buy it from school vending machines. After school, I often go a take away restaurant for French fries, fried rice and egg rolls. Dinner at home tends to be much healthier – baked chicken and rice, grilled fish, salads... I know my mom would prefer that I eat healthier meals, but the fact is that I don't have much time and junk food is often the quickest way to satisfy my hunger when I'm on the go and that's common among busy teenagers.



Roy Patel



I am a big fresh fruit eater, which is unusual, I admit, for a 15-year-old. I love citrus fruit, apples, nectarines, kiwi and mango. I never skip breakfast. For me it's the most important meal of the day. At school I only eat soup and sometimes an apple. I usually come home around 3 o'clock and I have a vegetable salad. I know I do this thanks to my parents' mealtime routines. When I eat out, I also try to choose healthy dishes, but sometimes I can't resist some delicious desserts.

Source: Profile 8, Texto Editores (adapted)

PART ONE : A/Reading Comprehension :(7pts) Read the texts carefully and do the following activities :

Task one: (3pts): Say if the sentences are 'true', 'false' or 'not mentioned' :

- 1/Porsha Hall is a student 2/ Her lunch is healthy.
3/ Roy Patel practices a sport activity.

Task Two :(2pts) Answer the following questions:

- 1/Does Roy eat a big meal at school? 2/Does he eat out?

Task Three: (2pts) Match the words in column A with their equivalents in column B:

A	B
Omit	Common
habitual	Choose
Select	Delicious
tasty	skip

B/Reading Comprehension (7pts)

Task one : (2pts)Spot the mistakes and write the corrected sentences :

I usually tries to have three meals an day, but I sometimes ate in fast food restaurants with frends.

.....

Task Two (3pts) Write the adjectives using the comparative or superlative form:

1/ The chocolate bar is (high) in calories than the cocoa powder .

2/ Homemade food is (good) fast food .

3/ In Britain , breakfast is (important) meal of the day .

Task Three(2pts)find in the text words that have the following pronunciation :

/e/ when	/ʌ/ but	/æ/man	/i/ it
1-.....	1-.....	1-.....	1-.....

PART TWO : Mastery of Language (6pts)

A British friend of yours wants to know about your eating habits . Write him/her a letter telling him/her about them . Say if you eat healthy food ...

Dear friend ,

.....

.....

.....

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.....

.....

.....

GOOD LUCK

Your teacher : *Mr Hadj Rabah*

SECOND TERM TEST**Healthy Food**

There are many fast food restaurants in my town. Lots of people eat fast food, but I think it isn't healthy. They eat this food because it's tasty, but everybody can have a tasty meal at home.

The only problem is that buying fresh products and cooking them takes time. And people prefer to spend time doing other activities, such as watching films, meeting friends, walking in the parks etc.

I also like to do these activities, but I am very careful with my diet. Fresh fruit and vegetables will always give me energy for the day. I like milk, eggs, roast chicken and mashed potatoes. Fried potatoes are nice but unhealthy, like all fried food. My favourite meal is fish. And for dessert I'm afraid I eat too many sweet things: chocolate, candies, cakes, you know...

PART ONE:(14 pts)**A/Reading Comprehension (7pts)****Task One:(3pts) Read the text carefully and answer the questions :**

- * What does the writer think about fast food?
- * Why do people eat fast food?
- * What other activities do people like to do instead of cooking?

Task Two(2pts) Choose the correct letter to complete the sentences:

1. The writer is : a/careless b/careful c/unmindful with his diet.
2. Chips are : a/ healthy b/unhealthy c/ nourishing food .

Task Three : (2pts)Find in the text words that are closest in meaning to :

Many= , delicious =

Find in the text words that are closest in meaning to :

Selling= / = , hate = / =

B/Mastery of Language :(7pts)

Task One :(2pts) Reorder these words to get correct sentences :

1 - /food /Homemade / is / ./than /food/healthier/fast /

.....

2- /a lot of /there /./ In the U.S.A/are/,/food /fast /restaurants/

.....

Task Two :(3pts)

A/(1,5pt) Write the correct form of the verbs in brackets :

I like (to eat)in fast food restaurants but my mum always (to tell) me to be careful . She says that I should (to avoid) them and eat at home.

B/(1,5pt) What do the sentences express ? Ability, polite request, absence of obligation :

1- Are you ready to order , sir?

2- My mum can cook delicious dishes

3- People don't have to eat a lot of meat

Task Three: (2pts) Cross out the word with the different sound :

/a:/ fast - hard - tasty – heart / æ/ fat - as - candy - day

/ɒ/ home - lot - hot - lost / ai / give – like – nice – fried

PART TWO:(6 pts) Situation of integration

As a teenager you surely prefer fast food to homemade food. But most of the time it's unhealthy.

Write a short paragraph giving the advantages (pros) and the disadvantages (cons) about fast food.

The following hints may help you.

Pros: delicious, save time, cheap ...

Cons: unhealthy, not balanced, too fatty ...

G O O D L U C K

Mr Hadj Rabah

The second term test

Eating in China

I am Lin , I am Chinese. Today , I am going to tell about food in my country China . Chinese food is really delicious, and healthy, we give a great care to food and the mealtimes. We usually stop whatever what we are doing when it is time for a meal. we don't go anywhere before breakfast which is between 7.00 and 8.00, it is usually soya, beans, milk, rice, noodles.

Lunch time is around 12.00 to 14.00, the menu is very simple, noodles or rice plus some meat and vegetables and fruits. Dinner is around 20.00 pm , it includes soup, meat vegetables and rice, we use a common big serving dish, we use chopsticks instead of spoons.

We think it is rude to start eating before the oldest person , we avoid also eating in front of a non-eating person.

Part one : Reading comprehension**Task one : read the text and fill in the table bellow (3pts)**

meal	Breakfast	Lunch	Dinner
time			
Food			

Task two : read the text and answer the following questions (2pts)

Are the mealtimes in china very important ?

.....

What are the bad table manners mentioned in the text ?

.....

Task three : find in the text words have the following definitions (2pts)

-A pair of small thin sticks used as eating utensils =

-Impolite or bad behaviour =

-The time at which meals are eaten =

-List includes some dishes or food =

Mastery of the language (7pts)

Task one : supply punctuation and the right capitalization (2pts)

in algeria children like fast food so much

.....

Task two rewrite the sentences using the imperative (1pt)

You should wash your hand before eating →

It is not good to criticize the food →

Task three : write the verbs correctly (2pts)

Chinese people (to eat) noodles but they (not eat) couscous.

.....

Task four : pick out from yhe texts words containing the following vowel sounds (2pts)

/ ɜ:/ (world)	/i:/(read)	/ ai / (like)	/ ɔi / (boy)
.....			

Part two situation of integration (6pts)

Lin wants to know about **food habits** in your country (Algeria) . write her a letter in which you describe **the Algerian food habits (meals, mealtimes, food)**.

All the best

Teacher : Chorfane

The Side Effects of a Fast Food Diet

It's the 21st century and "junk food" has gone global. It is now available all over the world. We see it most everywhere we go; in grocery and convenience stores, fast-food restaurants, on television, usually looking very appealing. But just what are the facts about junk food?

Weight gain is often a consequence when teens reach too often for the high-calorie offerings of fast food. Along with changes in appearance that can greatly affect the self-confidence and self-esteem of teens, excess weight can also lead to some serious health problems, including: type 2 diabetes ,elevated cholesterol and high blood pressure.

Fast food also lacks many of the minerals and vitamins teens need to grow strong bones, develop muscle, and move into healthy adulthood. B vitamins, for instance, found in leafy greens, fresh fruits, and whole grains help your body store energy, repair and rebuild cells and keep your digestive system functioning normally.

A high-carb, high-sugar fast food diet also contributes to irritability, decreased ability to focus, anxiety and depression.

*Adapted from the net
Written by Sandra King; Updated November 27, 2018*

Part One (14pts)

A)Reading Comprehension (7pts) :

Read the text carefully and do the following activities.

Activity one : Read the text and put “true”, “false” or “not mentioned”.(3pts)

- 1-Nowadays, junk food is eaten all over the world.(.....)
- 2-Weight gain is the result of healthy food consumption (.....)
- 3-B vitamins help your body store energy for a couple days (.....)

Activity two :Answer the following questions(2pts)

- 1- Where can we find B vitamins?
- 2- Does fast food contain a lot of minerals and vitamins?.....

Activity three :Lexis(2pts)

1)Find in the text words or phrases that are closest in meaning to :(1pt)

- a- universal=..... b- conserve=.....

2)Find in the text words or phrases that are opposite in meaning to(1pt)

- a- destruct ≠..... b-low≠.....

Mastery of language (7pts)

Activity one :Supply the verbs between brackets with their right tense .(3pts)

Nutritionists say that a teenager (**have to**)..... eat more healthy food. He should also (**drink**).....a lot of water if he (**want**)to stay sick-free.

Activity two : (2pts) Use either comparative or superlative in the following passage.

Junk food is (**bad**).....than healthy food, and I think fruits and vegetables are (**good**)..... .Sugary drinks are (**expensive**).....than water, but this colourless and odourless drink is (**healthy**).....

Activity three :Pick out from the text 4 words that have the following vowel sounds (2pts)

/ i / (big)	/ i : / (meet)	/ e / (bed)	/ ə / (again)
1-.....	2-.....	3-.....	4-.....

PART TWO : Situation of integration (6pts)

Your classmate has become **obese** because of his **bad eating habits**. He asks for your help to **lose weight**.

-Write a **paragraph** in which you give him/her some **pieces of advice** using **should**, **shouldn't**, **must** etc...

No bees no honey, no work no money !

Stop Wasting Food

For the coming few weeks, Muslims will welcome the holy month of Ramadhan to carry out their duty of family.

This month is blessed for many reasons. Besides performing fasting, Muslims have the opportunity to obtain rewards for other good deeds, such as helping others, sharing food with neighbours and avoid wastage. But unfortunately some of our poor attitude and habits may spoil the prospect of attaining Allah's blessings. One of the bad habits is food wasting.

Based on the Solid Waste Management and Public Cleaning Corporation, data on food waste, the amount of food wasted in Ramadan is 15 to 20 per cent higher than the average month.

In Islam, there are many verses in the Quran and numerous habits on eating and matters associated with it. Food is seen as not only to fulfill one's need or hunger, but also as something that benefits our physical, mental and emotional well-being.

To Avoid wasting food, Muslims must uphold the true teaching of Islam especially moderation in buying, preparing and eating food. We must try our best not to waste food. Remember that, it is not easy to produce food. Food is blessing from Allah, thus do not waste it. Even more so in the glorious month of Ramadan, we must make an extra effort to avoid wasting food.

Adapted from : www.ikim.gov written by Puan Azrina Blunti Sobian /
May 18th, 2018



PART ONE / A) Reading Comprehension: (7pts)

Task One: (3pts) Read the text carefully and answer the questions :

- 1- What is the text about?
- 2- In which paragraph it is mentioned that we waste food in Rhamadan more than the other months?.....
- 3- What must we do to avoid wasting food?

Task Two: (2pts) Say if the sentences are 'true', 'false' or 'not mentioned':

- 1-Ramadhan is a sacred month
- 2- People waste less food during Ramadhan.
- 3- Bread is the first food people throw away.
- 4-people must defend the true teaching of Islam.

Task Three :(2pts) Match the words in column (A) with their equivalents in column (B)

A	B
-Perform	-Sacred
-In addition	-Carry out
-Blessed	-A lot of
-numerous	-besides

B/Mastery of Language :(7pts)

Task One: (2pts) Spot the mistakes and write the corrected sentence:

food waste is a bigger problem then people realize

Task Two(3pts) : A/ Rewrite the paragraph using the imperative form :(2pts)

To avoid food waste, we mustn't over buy .We should also check the use-by dates of fresh food when you buy it . Also, you shouldn't forget to plan ahead .You must think about what you are going to cook and how you will use the leftovers.

.....

.....

.....

B/Complete the table: (1pt)

Adjective	comparative	superlative
Good		
.....	Worse than	

Task Three: (2pts) Circle the silent letters :

Know - should - fasten - sandwich

PART TWO (6pts): Situation of Integration

Many unethical behaviours are daily witnessed during the fasting month (Ramadhan).people complain but don't act .The religious authorities of your town have decided to raise people's awareness about food waste and price rises .You want to participate in the campaign. Write an article saying what people should and shouldn't do to avoid waste and reduce prices.

B E S T O F L U C K

Your Teacher: Mr R.HADJ RABAH

Have you got a problem?

May be we can help.

Letter Page

Dear doctor Harriet,

My problem is my obesity. I'm 15, I'm 1m65 and I weigh 85 kilos. I don't feel well. I'm so frustrated and upset.

At school, I can't participate in sport activities because I quickly become tired. I can't even run. My mates often bully me.

At home, I can't stop eating. I eat everything and at any time. Sometimes, I get up at night and eat what I find in the fridge. When I see food I can't resist to the temptation.

Is there a way to quit everything and become as normal as my mates?

Please help me

Max



Part one Reading Comprehension (7pts)

A-Read the text and circle the right option.(2pts)

1-The text is : a- application letter b-agony letter c-invitation letter

2-Max is: a-the sender b-the receiver c-the doctor

3-Max' problem is a- his studies b-his family c-his weight

4-Max wants a- to lose weight b- to lose money c- to lose a job

B-Read the text again and answer the questions.(3pts)

1-Can max participate at sports activities at school? Why?.....

.....

2-Does he eat at night?.....

3-Why is Max writing this letter?.....

C-Lexis

1-Find in the text words or expressions that are closest in meaning to(1pt)

angry =.....,take part =.....

2-Find in the text words or expressions that are opposite in meaning to(1pt)

day=/.,slowly=/.

D- I identify the mistakes and correct them.

1-Max can't resist to the temptation of eating.

.....

2-Max musn't eat junk food.

E- Turn into imperative the following statements.

1-You should follow a strict diet.

2-You mustn't eat unhealthy foods.

3-You should exercise regularly.

F-underline the consonant clusters in the following words

spring -blue - smiled - cluster -friends -the - thin -upset

Part two Mastery of Language (6pts)

You are Dr Harriet. You want to help Max lose weight. Reply and give him a piece of advice in which you explain what he should eat in each meal, what he should do, should avoid to follow a healthy diet and have a healthy lifestyle.

Use the modals seen in class and the imperative. Pay attention to capital letters and punctuation.

Dear Max,

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